### 16 Informed Health Choices

project during the pandemic. We also had a poster presentation at the What Works Global Summit () 2020 to share our IHC work.

In 2021, when COVID-19 is under control, we plan to publish the electronic Chinese version of *The Health Choices Book* and publish related articles. We will continue to disseminate and implement more key concepts to help policymakers, stakeholders, and the public use evidence to inform decisions. It is not limited to health, but also social systems such as management and education.

**Contacts**: Xuan Yu, Jingyi Zhang, Qi Wang, Yaolong Chen

## Croatia



*The Health Choices Book* has been translated to Croatian, and is now available in both, the <u>PDF version</u> and as hard copy.



The printing of the Book matched perfectly with the timing that was planned for conducting workshops with primary school teachers. During workshops we guided teachers through the lessons presented in the book, so they familiarised themselves with the content before enrolling in the education. The education is planned as part of a randomised trial to examine the effects of training on the ability of primary school children to assess health claims. Besides the book, other translated IHC learning resources, including posters, activity cards and the list of Key Concepts, have been printed and shared with teachers to help them while teaching in the trial.

The Croatian Ministry of Science and Education, and the Agency for Education gave their consent for the implementation of the educational activities based on the IHC resources in primary schools in Croatia, with each school involved in the randomised trial implemented the education in their curricula for the 2020/21 and the 2021/22 academic years.

The trial was approved by the Ethical Committee from the University of Split School of Medicine, with education planned to take place from March to May 2021. At the end of the education, we will test the short-term effects, and after six months longer-term effects of the education using a validated test consisting of a set of multiplechoice questions from the Claim Evaluation Tools database. Upon completion of the trial, the schools serving as controls will

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also be given books, as well as all other accompanying IHC training materials.

Printing of the book has been financed by an institutional project from the University of Split Department for Health Studies. The picture above was taken during a workshop with primary school teachers in the primary school Brda in Split, where we were warmly welcomed. The idea behind the project, the education, the book, and other training materials were very well received. Teachers found it interesting and highly important for children.

Contacts: Tina Poklepovic

# French speaking countries

#### Translations



The following IHC resources have been translated to French and can be found <u>here</u>:

- <u>The Health Choices Book</u>
- <u>Teachers' Guide</u>
- <u>Exercise Book</u>
- <u>Activity Cards</u>
- <u>Checklist Poster</u>

Contact: Martin Vuillème

# Greece

## Translations



The following IHC resources have been translated to Greek and can be found <u>here</u>:

- The Health Choices Book
- Exercise Book
- <u>Activity Cards</u>
- <u>Checklist Poster</u>

Contact: Apostolos Tsapas